# Music In Practice – TAPS 2023

What do we mean practice?

* What even is “a practice”?
* Ritual
  + What constitutes ritual?
* Group ritual
* Daily life
* Devotionals

How do we use music?

* We use it by singing, playing, listening, learning
* We incorporate it into formal structures
* We call upon it for in-the-moment use
* We use it to unite folks and their understanding.

Why do we use music?

* Create a liminal space (sound of any kind, not just music)
  + What is liminal space and why do we want it?
* It’s a common tongue
* It helps unify thought, breath, and focus
* Elicit emotion toward catharsis

What music do we use?

* Chants – often very monotone for group accessibility
  + Air I am
  + Cauldron of changes
  + Mother I feel you
  + May the circle be open
  + Some problematic chants in today’s non-binary world
  + Write your own!
* Instrumental music – be aware of copyright
  + Play it to set a mood – Gobinda Hari by Snatum Kaur
  + Meditation / journeying
* Popular music – be aware of copyright
  + Move your mind to another place
  + Meditation / astral projection
  + Drive a point home.
  + Examples:
    - Ring of Fire (function)
    - Sound of Silence (mood)
    - Greatest Showman (From Now On, “and we will come back home…”) (point)
    - You can Still Be Free (astral projection / atmosphere)

More chant examples:

* Circle setting/opening
  + We are Circling
  + We are a Circle
  + We are a Circle Moving
  + The Circle is Cast (not a chant!)
  + May the Circle be Open
* Events/Seasonal
  + Way to the Well (Imbolc / Brigid worship)
  + When We Are Gone (Samhain)
  + Full Moonlight Dance (Full Moon)
  + Dark of The Moon (New Moon)
  + We All Come from the Goddess/Hoof and Horn (Samhain or Harvest)
* Elements
  + The Earth, The Air, The Fire, The Water, Return
  + Earth My Body
  + We Are a Circle (yes, again)
* General Use
  + She’s Been Waiting (Also Samhain, maybe?)
  + Mother I Feel you Under My Feet
  + Cauldron of Changes
  + Earth Song (Turn the World Around) (Yep, Harry Belfonte)
  + We are the Flow – Find other lyrics!
  + Mother of Darkness – works with We All Come from the Goddess

More Pop Examples:

* I See Fire – Ed Sheeran
* Nexus – Dan Fogelberg
* Are you Ready to Fly? – Dune
* Nearly everything by Loreena McKennitt
* Sex magic? How about Take Me To Church? - Hozier
* Even Christian Songs, where they fit:
  + Be Thou My Vision (Devotional)
  + May the Circle Be Unbroken
  + Oceans (Where Feet May Fail) (Devotional)
  + Go in Peace (Go in Kindness)

Playlist: <https://youtube.com/playlist?list=PLpIzTlJQrhHuYPn-Dk9STNHKy9l_sZLn2>