# Music In Practice – TAPS 2023

What do we mean practice?

* What even is “a practice”?
* Ritual
	+ What constitutes ritual?
* Group ritual
* Daily life
* Devotionals

How do we use music?

* We use it by singing, playing, listening, learning
* We incorporate it into formal structures
* We call upon it for in-the-moment use
* We use it to unite folks and their understanding.

Why do we use music?

* Create a liminal space (sound of any kind, not just music)
	+ What is liminal space and why do we want it?
* It’s a common tongue
* It helps unify thought, breath, and focus
* Elicit emotion toward catharsis

What music do we use?

* Chants – often very monotone for group accessibility
	+ Air I am
	+ Cauldron of changes
	+ Mother I feel you
	+ May the circle be open
	+ Some problematic chants in today’s non-binary world
	+ Write your own!
* Instrumental music – be aware of copyright
	+ Play it to set a mood – Gobinda Hari by Snatum Kaur
	+ Meditation / journeying
* Popular music – be aware of copyright
	+ Move your mind to another place
	+ Meditation / astral projection
	+ Drive a point home.
	+ Examples:
		- Ring of Fire (function)
		- Sound of Silence (mood)
		- Greatest Showman (From Now On, “and we will come back home…”) (point)
		- You can Still Be Free (astral projection / atmosphere)

More chant examples:

* Circle setting/opening
	+ We are Circling
	+ We are a Circle
	+ We are a Circle Moving
	+ The Circle is Cast (not a chant!)
	+ May the Circle be Open
* Events/Seasonal
	+ Way to the Well (Imbolc / Brigid worship)
	+ When We Are Gone (Samhain)
	+ Full Moonlight Dance (Full Moon)
	+ Dark of The Moon (New Moon)
	+ We All Come from the Goddess/Hoof and Horn (Samhain or Harvest)
* Elements
	+ The Earth, The Air, The Fire, The Water, Return
	+ Earth My Body
	+ We Are a Circle (yes, again)
* General Use
	+ She’s Been Waiting (Also Samhain, maybe?)
	+ Mother I Feel you Under My Feet
	+ Cauldron of Changes
	+ Earth Song (Turn the World Around) (Yep, Harry Belfonte)
	+ We are the Flow – Find other lyrics!
	+ Mother of Darkness – works with We All Come from the Goddess

More Pop Examples:

* I See Fire – Ed Sheeran
* Nexus – Dan Fogelberg
* Are you Ready to Fly? – Dune
* Nearly everything by Loreena McKennitt
* Sex magic? How about Take Me To Church? - Hozier
* Even Christian Songs, where they fit:
	+ Be Thou My Vision (Devotional)
	+ May the Circle Be Unbroken
	+ Oceans (Where Feet May Fail) (Devotional)
	+ Go in Peace (Go in Kindness)

Playlist: <https://youtube.com/playlist?list=PLpIzTlJQrhHuYPn-Dk9STNHKy9l_sZLn2>